

COURTNEY P. TEPEDINO, MS, RN, WHNP-BC

Staten Island, NY

EDUCATION

STONY BROOK UNIVERSITY, STONY BROOK, NY

Master of Science, Perinatal/Women's Health Nurse Practitioner, 2015

STONY BROOK UNIVERSITY, STONY BROOK, NY

Bachelor of Science in Nursing, Summa Cum Laude, 2010

FORDHAM UNIVERSITY, BRONX, NY

Bachelor of Science, Biology, Dean's List: 4 semesters, 2006

LICENSURE & CERTIFICATIONS

WHNP, National Certification Corporation, 2015 - present

WHNP, State of New York, 2015 - present

Certification in Lactation Counseling, 2012 - present

Registered Nurse, State of New York, 2010 - present

WHNP STUDENT CLINICAL EXPERIENCE

LOW-RISK OBSTETRICS AND WOMEN'S HEALTH

Guirguis Obstetrics and Gynecology, Brooklyn, NY

2/15-5/15

New Life Wellness Center, Brooklyn, NY

3/15-4/15

The Brooklyn Birthing Center, Brooklyn, NY

1/14-4/14

Planned Parenthood of Nassau County, Hempstead, NY

9/13-12/13

Conducted routine gynecological care to women across the lifespan.

Provided care to men with reproductive health needs or problems.

Performed low risk prenatal and postpartum care.

HIGH-RISK OBSTETRICS

Maimonides Perinatal Center, Brooklyn, NY

10/14-12/14

Counseled patients on routine antepartum testing, the indications of abnormal findings, formulated plans of care for high-risk antepartum patients, educated patients on various high-risk diseases processes, as well as the different screening and diagnostic testing options available.

PROFESSIONAL EXPERIENCE

WOMEN'S HEALTH NURSE PRACTITIONER

New Life Wellness Center, Brooklyn, NY

2/16-present

- Conduct routine gynecological examinations including age appropriate cervical cancer screenings, comprehensive breast exams, self-breast exam education, evaluation and treatment of: vaginitis, dysfunction uterine bleeding, irregular menses, sexually transmitted infections for patients and their partners, evaluate pre- and post-termination of pregnancy, contraceptive counseling and education including evaluation of and prescribing oral contraceptives, assistance with IUD placement,

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administer Depo-Provera and Gardasil vaccine injections, family planning care including infertility, preconception care and counseling, and perimenopausal care.

- Perform prenatal and postpartum care including fundal height assessment, obtained fetal heart tones using a Doppler, fetal evaluation via ultrasonography, nutritional counseling, breastfeeding support and education.

STAFF NURSE

Maimonides Medical Center, Brooklyn, NY

3/11-2/16

Mother/Baby Unit

- Functioned as an occasional charge nurse and staff nurse on a 69 bed maternity unit at a large teaching hospital.
- Provided comprehensive care to the maternal and neonatal dyad for a diverse population of low and high-risk postpartum patients following normal vaginal delivery or cesarean section, which includes educating and assisting mothers with physical and emotional needs, breast and formula feeding education and support, well-child infant care including immunizations, anticipatory guidance, and health promotion education.
- Performed as newborn admission nurse, responsible for initial newborn assessment, stabilization, management and administration of vitamin K injections.
- Preceptor and mentor of new registered nurses and nursing students.
- Utilized translators, language line, and foreign language educational materials to provide care to non-English speaking clients.
- Occasional management of high-risk antepartum patients.

CLINICAL NEUROPHYSIOLOGIST SUPERVISOR

Impulse Monitoring Inc., NY, NJ, DC

11/06-3/11

Robert Wood Johnson University Hospital, New Brunswick, NJ

St. Peter's University Hospital, New Brunswick, NJ

Princeton Medical Center, Princeton, NJ

Maimonides Medical Center, Brooklyn, NY

Methodist Hospital, Brooklyn, NY

- Supervised a group of five neurophysiologists to manage and facilitate administrative and clinical support to ensure efficient daily operations for assigned respective hospitals/assignments.
- Responsible for all case coverage and supervision at designated hospitals, along with delegating cases and tasks to appropriate personnel.
- Used modalities of evoked potentials to provide electrophysiological monitoring, allowing early warning and avoidance of medically induced central and peripheral neurological injuries to patients during neural, orthopedic, carotid and thyroid surgical procedures.
- Utilized analytical abilities and critical thinking to work closely with surgeons, anesthesiologists, and nurses to provide the best plan of care for the patient intra-operatively.
- Prepared clinical documentation of procedure, collect data and organize patient reports for physicians and billing.

AWARDS & HONORS

Sigma Theta Tau International Honor Society of Nursing, inducted 2010

Undergraduate Recognition Award for Academic Excellence, Stony Brook University, 2010

Shining Star Award for Compassionate Patient Care, Maimonides Medical Center, 2014